

GET FIT ARROWHEAD FITNESS

OUTDOOR FITNESS SCHEDULE | APRIL 2021



	MON	TUE	WED	THU	FRI	SAT	SUN
6:00AM	XC		XC		TABATA		
7:00AM		YOGA		YOGA		YOGA	
7:30AM	AQUA FIT		AQUA FIT		AQUA FIT		
8:00AM	YOGA	CYCLE	YOGA	BODY FUSION	YOGA	XC	
9:00AM	CYCLE		CYCLE		C.O.R.E.		
11:00AM	SENIOR FIT		SENIOR FIT				
4:30PM		YOGA		YOGA			
5:00PM			BARRE	CYCLE			
5:30PM		XC		XC			
6:00PM	YOGA C.O.R.E.		YOGA C.O.R.E.				

Members must reserve a spot for each class. Outdoor classes will have limited capacity. | Members can reserve classes on the FORETEES Club app.